

## Preventative measures for Covid-19

at The Run for Kids No, 5

On the 15<sup>th</sup> of November 2020.

Equipment's requirement at the event.

1. Hand Sanitizer
2. Masks / Face Shield
3. Thermometer
4. A sticker will be provided by staff after the health check has been successfully concluded, it is most important that this sticker is retained because you will not be allowed to race without it.

### Procedures.

1. Entrances and Exits will be limited and staff will be on hand to check the temperature of all the runners at the event and hand sanitizer will be on hand.
2. Staff will have the final say, if any form of illness is observed at the Entrance.
3. All runners have to scan the Thaichana QR Code.
4. At the event there will be vendors supplying sports equipment etc, all traders must wear a Mask / Face Shield and have hand sanitizer.
5. Toilets will be cleaned every 2 hours and all rubbish bins must have a closed lid.
6. We should give medal and running shirt to all who registers and fill in the forms at the center. If they receive these at the event, they must they must comply with social distancing as required by the Thai government.
7. Speeches on stage will be kept to a minimum and masks must be worn at all times.
8. The staff will take all runners to the check point. If a runner does not have a sticker that was provided at the entrance after the health check they will not be allowed to run.
9. All runners have to observe social distancing of 1 meter at the start point if we haven't enough area. All runners must to wear mask till after the start, after which masks can be removed.
10. We have general rubbish bins in the event but the contaminated bin that will be located outside the event and away from food tents.
11. All drinks must be handed to the runners by Staff WATER / ENERGY DRINKS. Runners must not help themselves.

### Covid-19 virus pandemic. The most important safety measures.

1. Social distancing 1 meter
2. Wear masks / face shield
3. Often clean your hand and not touch your face
4. There is a crowd control officer at the event / MC who will remind all the runners of social distancing